



2024-2026

下
Tibet

Next Destination

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西
藏

想与你同行
留一段美好回忆

I Wish To Journey Alongside You
Create A Cherished Memory

珠穆朗玛峰



Mount Everest

ཇོ་མོ་གླང་མ



Ganden Monastery

དགའ་ལྷན

甘丹寺

西藏简介

西藏自治区位于中国的西南边疆，青藏高原的西南部。西藏是一个美丽、独特而又神秘的地区，这里有举世闻名的珠穆朗玛峰，世界第一大峡谷雅鲁藏布大峡谷，令人神往的神山圣湖，涛声阵阵的原始森林，雄伟壮观的布达拉宫，风格独特的寺庙建筑，历史悠久的文化艺术，别具一格的民俗风情，珍贵奇异的高原动植物。

The Tibet Autonomous Region, situated on the southwest border of China and the southwestern part of the Qinghai-Tibet Plateau, is a region of unparalleled beauty, uniqueness, and mystery. It is home to the globally renowned Mount Everest, the world's largest grand canyon, the Yarlung Tsangpo Grand Canyon, along with captivating sacred mountains and lakes, pristine forests, the majestic Potala Palace, distinctive temple architecture, a rich tapestry of culture and art, unique folk customs, and a diverse array of rare and exotic wildlife and plant life.

Tibetan Yak

གཡལ་བ



牦牛

布达拉宫



Potala Palace

པོ་ཏ་ལ་པོ་གླང

Tourism Features

旅游特色

独一无二的雪域风光、辉煌建筑群、不但有拉萨富丽堂皇的布达拉宫、金碧辉煌的大昭寺,还有迷人的纳木措、羊卓雍措、巴松措,以及喜马拉雅山脉无数的雪峰群,奔腾不息的雅鲁藏布江,拉萨河,尼洋河等大江大河,格外令人神往。西藏既有独特的高原雪域风光,又有妩媚的南国风采,而与这种大自然相融合的人文景观,也使西藏在旅行者眼中具有了真正独特的魅力。至今,还有许多藏族人的生活习俗与高原之外的现代人有着很大的距离,也正距离的产生,才使西藏的一切具有了观赏价值。

Tour Experiences

Tibet's tourism appeal lies in its distinctive snowy landscapes and magnificent architecture. This includes not only the grandeur of the Potala Palace and the revered Jokhang Temple in Lhasa but also the enchanting Namtso, Yamdrok Lake, and Basongcuo, as well as the countless snow-capped peaks of the Himalayas. The dynamic rivers such as the Yarlung Tsangpo, Lhasa River, and Nyang River add to the region's allure. Tibet offers a blend of unique plateau snowscapes and the charming ambiance of the south. The cultural landscapes that merge seamlessly with nature also endow Tibet with a truly singular allure in the eyes of travelers. To this day, many of the living customs of the Tibetan people remain distinct from those of modern societies outside the plateau, adding to the region's ornamental value.



雪峰、森林、海子、草地、溪流间曲曲弯弯的小路上，远远近近那些朝圣的善男信女，扶老携幼，口中低诵经文，眼里闪出质朴的光，他们在向神山参拜向苍天 and 大地祈祷，祈求健康，祷告幸福。而那些大自然之子——野羊、獐子、猴子、鹿子、黑熊...，悠然自得，欢畅嬉戏，追逐跳跃于草丛林间，万物众生在这里和睦相处，同享生之乐趣。最重要的是这里拥有最纯粹的生灵：傲视天穹的苍鹰，自由生活的各种野生动物，草场林间婉转歌唱的鸟儿，静静地放牧着牛群也牧着自己的牧人……。



Amidst the winding paths that traverse snow-capped mountains, forests, lakes, grasslands, and streams, one can find devout pilgrims—men, women, the elderly, and children—murmuring scriptures with a gleam of simplicity in their eyes, venerating the sacred mountains and praying for health and blessings. The region is also a sanctuary for wildlife, including wild sheep, river deer, monkeys, deer, and black bears, which live in a state of leisure and playfulness, embodying the harmonious coexistence of all beings and the celebration of life. Above all, Tibet is a haven for the purest forms of life: eagles soaring high above, a variety of wild animals roaming freely, birds melodiously singing in the grasslands and forests, and herdsmen who quietly tend to their cattle, embodying a serene coexistence with nature.

NEXT DESTINATION -



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SPRING



AUTUMN

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Next Destination - Tibet

下一站西藏

TIBET >> ITINERARIES

SUMMER

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WINTER





FLIGHT TO CHINA



QINGHAI TIBET RAILWAY



SLOW SLEEPER TRAIN



NORBULINGKA



SERA MONESTERY



POTALA PALACE



JOKHANG TEMPLE



BARKHOR OLD MARKET

1

拉萨羊湖日喀则8日7晚行程

行程

- DAY 01** 吉隆坡✈️成都天府飞西宁✈️西宁机场接机✈️送往火车站✈️乘坐软卧青藏铁路✈️
- DAY 02** 火车抵拉萨✈️接站
- DAY 03** 拉萨✈️罗布林卡✈️色拉寺✈️拉萨
- DAY 04** 布达拉宫✈️布达拉宫广场✈️药王山观景台✈️大昭寺✈️八廓街✈️拉萨
- DAY 05** 拉萨✈️羊卓雍措✈️卡若拉冰川✈️帕尔乔寺✈️日喀则
- DAY 06** 日喀则✈️扎什伦布寺✈️拉萨
- DAY 07** 拉萨✈️念青唐古拉山✈️当雄✈️那根拉山✈️纳木措✈️拉萨
- DAY 08** 拉萨市✈️拉萨贡嘎✈️中转城市✈️吉隆坡

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8-Day, 7-Night Itinerary to Lhasa, Yamdrok Lake, & Shigatse

ITINERARY

- DAY 01** MALAYSIA KLIA ✈️ CHENGDU AIRPORT ✈️ XINING AIRPORT ✈️ XINING TRAIN STATION ✈️ SOFT SLEEPER QINGHAI TIBET RAILWAY ✈️
- DAY 02** ARRIVAL IN LHASA TRAIN STATION ✈️ LHASA TOWN
- DAY 03** LHASA ✈️ NORBULINGKA ✈️ SERA MONASTERY ✈️ LHASA
- DAY 04** POTALA PALACE 5A ✈️ POTALA PALACE SQUARE GROUND ✈️ MEDICAL HILL ✈️ JOKHANG TEMPLE ✈️ BARKHOR OLD MARKET ✈️ LHASA
- DAY 05** LHASA ✈️ YAMDROK LAKE ✈️ KARULA GLACIER ✈️ PALCHO MONASTERY ✈️ SHIGATSE
- DAY 06** SHIGATSE ✈️ TASHILHUNPO MONASTERY ✈️ LHASA
- DAY 07** LHASA ✈️ NYENCHEN TANGHLA ✈️ DAMXUNG ✈️ LAGANLA PASS ✈️ NAMTSO ✈️ LHASA
- DAY 08** LHASA TOWN ✈️ LHASA AIRPORT ✈️ TRANSIT CITY ✈️ MALAYSIA KLIA



NYENCHEN TANGLHA



KARULA GLACIER



PALCHO MONASTERY



SHIGATSE



JIAUCOLA PASS



EVEREST BASE CAMP



GYAWU LA PASS



TASHILHUNPO MONASTERY

2

拉萨珠峰9日8晚行程

行程

- DAY 01** 吉隆坡 ✈️ 成都天府飞西宁 ✈️ 西宁机场接机 ✈️ 送往火车站 🚆 乘坐软卧青藏铁路 🚆
- DAY 02** 火车抵拉萨 🚆 接站
- DAY 03** 布达拉宫 🏰 布达拉宫广场 🏰 药王山观景台 🏰 大昭寺 🏰 八廓街 🏰 拉萨
- DAY 04** 拉萨 🏰 念青唐古拉山 🏰 当雄 🏰 那根拉山 🏰 纳木措 🏰 拉萨
- DAY 05** 拉萨 🏰 羊卓雍措 🏰 卡若拉冰川 🏰 帕尔乔寺 🏰 日喀则
- DAY 06** 日喀则 🏰 嘉措拉山口 🏰 绒布寺 🏰 珠峰大本营
- DAY 07** 珠峰大本营 🏰 加乌拉山口 🏰 日喀则
- DAY 08** 日喀则 🏰 扎什伦布寺 🏰 拉萨
- DAY 09** 拉萨市 🏰 拉萨贡嘎 ✈️ 中转城市 ✈️ 吉隆坡

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9-Day, 8-Night Everest Itinerary from Lhasa

ITINERARY

- DAY 01** MALAYSIA KLIA ✈️ CHENGDU AIRPORT ✈️ XINING AIRPORT ✈️ XINING TRAIN STATION 🚆 SOFT SLEEPER QINGHAI TIBET RAILWAY 🚆
- DAY 02** ARRIVAL IN LHASA TRAIN STATION 🚆 LHASA TOWN
- DAY 03** POTALA PALACE 5A 🏰 POTALA PALACE SQUARE GROUND 🏰 MEDICAL HILL 🏰 JOKHANG TEMPLE 🏰 BARKHOR OLD MARKET 🏰 LHASA
- DAY 04** LHASA 🏰 NYENCHEN TANGLHA 🏰 DAMXUNG 🏰 LAGANLA PASS 🏰 NAMTSO 🏰 LHASA
- DAY 05** LHASA 🏰 YAMDROK LAKE 🏰 KARULA GLACIER 🏰 PALCHO MONASTERY 🏰 SHIGATSE
- DAY 06** SHIGATSE 🏰 JIAUCOLA PASS 🏰 RONGBUK MONASTERY 🏰 EVEREST BASE CAMP
- DAY 07** EVEREST BASE CAMP 🏰 GYAWU LA PASS 🏰 SHIGATSE
- DAY 08** SHIGATSE 🏰 TASHILHUNPO MONASTERY 🏰 LHASA
- DAY 09** LHASA TOWN 🏰 LHASA AIRPORT ✈️ TRANSIT CITY ✈️ MALAYSIA KLIA



GALA PEACH BLOSSOM VILLAGE



LULANG LINHAI



SEJILA MOUNTAIN



LULANG TOWN



GUXIANG LAKE



POME



RANWU LAKE



LAIGU GLACIER

3

林芝拉萨羊湖9日8晚行程

行程

- DAY 01** 吉隆坡 ✈️ 抵达林芝 📍 嘎啦桃花村 📍 鲁朗林海 📍 色季拉山 📍 鲁朗镇
- DAY 02** 鲁朗镇 📍 古乡湖 📍 波密桃花沟 (环线) 📍 波密县
- DAY 03** 波密县 📍 然乌湖 📍 来古冰川 📍 波密县
- DAY 04** 波密县 📍 嘎朗湖 📍 岗云杉林 📍 林芝
- DAY 05** 林芝 📍 巴松措 📍 拉萨
- DAY 06** 布达拉宫 📍 布达拉宫广场 📍 药王山观景 📍 大昭寺 📍 八廓街 📍 拉萨
- DAY 07** 拉萨 📍 羊卓雍措 📍 拉萨
- DAY 08** 火车从拉萨出发 🚆 乘坐软卧青藏铁路 🚆
- DAY 09** 西宁接火车 📍 西宁曹家堡 ✈️ 中转城市 ✈️ 吉隆坡

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9-Day, 8-Night Itinerary from Nyingchi to Lhasa & Yamdrok Lake

ITINERARY

- DAY 01** MALAYSIA KLIA ✈️ NYINGCHI AIRPORT 📍 GALA PEACH BLOSSOM VILLAGE 📍 LULANG LINHAI 📍 SEJILA MOUNTAIN 📍 LULANG TOWN
- DAY 02** LULANG TOWN 📍 GUXIANG LAKE 📍 POME PEACH BLOSSOM VILLAGE (RING ROAD) 📍 POME
- DAY 03** POME 📍 RANWU LAKE 📍 LAIGU GLACIER 📍 POME
- DAY 04** POME 📍 GALANG LAKE 📍 GANGXIANG SPRUCE FOREST 📍 NYINGCHI
- DAY 05** NYINGCHI 📍 BASUM LAKE 📍 LHASA
- DAY 06** POTALA PALACE SA 📍 POTALA PALACE SQUARE GROUND 📍 MEDICAL HILL 📍 JOKHANG TEMPLE 📍 BARKHOR OLD MARKET 📍 LHASA
- DAY 07** LHASA 📍 YAMDROK LAKE 📍 LHASA
- DAY 08** DEPART LHASA TRAIN STATION 🚆 SOFT SLEEPER QINGHAI TIBET RAILWAY 🚆 XINING
- DAY 09** XINING TRAIN STATION 📍 XINING AIRPORT ✈️ TRANSIT CITY ✈️ MALAYSIA KLIA



GANDEN MONASTERY



GANGXIANG FOREST



NYINGCHI



BASUM LAKE



LHASA



YAMDROK LAKE



DAMXUNG



LAKEN LA PASS

4

拉萨林芝纳木错11日10晚行程

行程

- DAY 01** 吉隆坡 ✈️ 成都天府飞西宁 ✈️ 西宁机场接机 ✈️ 送往火车站 🚄 乘坐软卧青藏铁路 🚄
- DAY 02** 火车抵拉萨 🚄 接站
- DAY 03** 布达拉宫 🏰 布达拉宫广场 🏰 药王山观景台 🏰 大昭寺 🏰 八廓街 🏰 拉萨
- DAY 04** 拉萨 🏰 甘丹寺 🏰 林芝
- DAY 05** 林芝 🏰 色季拉山 🏰 嘎朗湖 🏰 波密
- DAY 06** 波密 🏰 然乌湖 🏰 来古冰川 🏰 波密
- DAY 07** 波密 🏰 古乡湖 🏰 岗云杉林-轻徒步 🏰 林芝
- DAY 08** 林芝 🏰 巴松措 🏰 拉萨
- DAY 09** 拉萨 🏰 羊卓雍措 🏰 拉萨
- DAY 10** 拉萨 🏰 念青唐古拉山 🏰 当雄 🏰 那根拉山 🏰 纳木措 🏰 拉萨
- DAY 11** 拉萨市 🏰 拉萨贡嘎 ✈️ 中转城市 ✈️ 吉隆坡

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11-Day, 10-Night Itinerary to Lhasa, Nyingchi, and Namtso

ITINERARY

- DAY 01** MALAYSIA KLIA ✈️ CHENGDU AIRPORT ✈️ XINING AIRPORT ✈️ XINING TRAIN STATION 🚄 SOFT SLEEPER QINGHAI TIBET RAILWAY 🚄
- DAY 02** ARRIVAL IN LHASA TRAIN STATION 🚄 LHASA TOWN
- DAY 03** POTALA PALACE 5A 🏰 POTALA PALACE SQUARE GROUND 🏰 MEDICAL HILL 🏰 JOKHANG TEMPLE 🏰 BARKHOR OLD MARKET 🏰 LHASA
- DAY 04** LHASA 🏰 GANDEN MONASTERY 🏰 NYINGCHI
- DAY 05** NYINGCHI 🏰 SEJILA MOUNTAIN 🏰 GALANG LAKE 🏰 POME
- DAY 06** POME 🏰 RANWU LAKE 🏰 LAIGU GLACIER 🏰 POME
- DAY 07** POME 🏰 GUXIANG LAKE 🏰 GANGXIANG SPRUCE FOREST 🏰 NYINGCHI
- DAY 08** NYINGCHI 🏰 BASUM LAKE 🏰 LHASA
- DAY 09** LHASA 🏰 YAMDROK LAKE 🏰 LHASA
- DAY 10** LHASA 🏰 NYENCHEN TANGLHA 🏰 DAMXUNG 🏰 LAGANLA PASS 🏰 NAMTSO 🏰 LHASA
- DAY 11** LHASA TOWN 🏰 LHASA AIRPORT ✈️ TRANSIT CITY ✈️ MALAYSIA KLIA

西藏火车

Train To Tibet



青藏铁路起于青海省西宁市，东起高原古城西宁，穿过崇山峻岭，越草原戈壁，过盐湖沼泽，西至昆仑山下的戈壁新城格尔木。青藏铁路西格段沿线海拔大部分在3000米以上，是中国第一条高原铁路，途经格尔木市、昆仑山口、沱沱河沿，翻越唐古拉山口，进入西藏自治区安多、那曲、当雄、羊八井，终到西藏自治区拉萨市，全长1956千米，是世界上海拔最高，线路最长的铁路，也是中国最美的四大铁路线之一。



The Qinghai Tibet Railway starts from Xining City in Qinghai Province, starts from the ancient plateau city of Xining in the east, passes through steep mountains and valleys, crosses grasslands and deserts, passes through salt lakes and swamps, and ends at the Gobi New City of Golmud at the foot of Kunlun Mountains in the west. The Xige section of the Qinghai Tibet Railway is the first plateau railway in China, with an altitude of more than 3000 meters. It passes through Golmud City, Kunlun Mountain Pass, and Tuotuo River Bank, crosses Tanggula Mountain Pass, enters Anduo, Naqu, Dangxiong, and Yangbajing in the Xizang Autonomous Region, and ends at Lhasa in the Xizang Autonomous Region. With a total length of 1956 kilometres, it is the highest and longest railway in the world, and one of the four most beautiful railway lines in China.



星酒店 Five-Star Hotel



拉萨香格里拉大酒店

酒店有262间豪华客房和17间别致套房，房间宽敞舒适，最小面积也达到42平方米。每种客房都充分展现西藏风情，用色艳丽、装饰精细。窗外景致有花园、山峦和布达拉宫，下榻当天客人可以免费享用房中迷你吧内饮品。

The hotel has 262 luxurious rooms and 17 chic suites, with spacious and comfortable rooms and a minimum area of 42 square meters. Each guest room fully demonstrates the Xizang style, with gorgeous colors and fine decoration. The scenery outside the window includes gardens, mountains, and the Potala Palace. On the day of stay, guests can enjoy free drinks from the mini bar in the room.



拉萨圣地天堂洲际大酒店

拉萨圣地天堂洲际大饭店位于风景优美的拉萨河畔，毗邻拉萨市政府，是拉萨市的地标性建筑。酒店拥有472间豪华客房及套房，配备了中央供氧设施，以及两个国际会展中心、10个不同风味的餐厅及酒吧、室内游泳池和SPA等豪华设施。

The InterContinental Hotel Lhasa Holy Land Paradise is located on the beautiful banks of the Lhasa River, adjacent to the Lhasa Municipal Government, and is a landmark building in Lhasa city. The hotel has 472 luxurious rooms and suites, equipped with central oxygen supply facilities, as well as two international exhibition centers, 10 restaurants and bars with different flavors, indoor swimming pools, SPA and other luxurious facilities.





进藏须知 >>>

1. 有严重高血压，心脏病患者，哮喘病患者不宜去西藏。
2. 高原反应是人到达一定海拔高度后，身体为适应因海拔高度而造成的气压差，含氧量少，空气干燥等的变化，而产生的自然生理反应。海拔高度一般达到2700米左右时，就会有高原反应。拉萨的海拔在3680米左右，是容易发生高原反应的城市。
3. 须具备良好的心理素质，保持乐观情绪，过分担心，思想焦虑，睡眠欠佳均有可能导致高原反应加重。
4. 初到高原，不要剧烈运动，不能大声喊叫，上下车要轻手轻脚，最好前2天不要洗澡，以预防感冒，引起高原反应。
5. 西藏太阳紫外线较强，防晒霜，太阳眼镜和遮阳帽是必备的。
6. 在高原地区不建议喝冰水，保温瓶是必带的。

Advice for First-Time Travellers >>>

1. People with severe hypertension, heart disease and asthma should not travel to Tibet.
2. High altitude sickness is a natural physiological reaction that occurs when a person reaches a certain altitude and adapts to changes in air pressure, low oxygen levels, and dry air caused by altitude. When the altitude reaches about 2700 meters, there will be altitude sickness. Lhasa, with an altitude of around 3680 meters, is a city prone to altitude sickness.
3. Having good psychological qualities, maintaining an optimistic mood, excessive worry, mental anxiety, and poor sleep can all lead to exacerbation of altitude sickness.
4. When you first arrive at the plateau, do not engage in vigorous exercise, do not shout loudly, be gentle when getting on and off the bus, and it is best not to take a shower for the first 2 days to prevent catching a cold and causing altitude sickness.
5. Tibet has strong ultraviolet rays, so sunscreen, sunglasses and hats are necessary.
6. It is not recommended to drink ice water in high-altitude areas, and it is necessary to bring a thermos.



1. 专业旅游团队

我们团队中有长期在西藏生活的专业向导，对当地的历史、文化以及民俗了如指掌，能够带领您发现最原汁原味的西藏。西藏的高海拔和复杂的地理条件对旅行者是个挑战。我们的团队具备应对各种突发情况的能力，确保您的安全无虞。我们根据您的需求和兴趣量身定制行程，让您在有限的时间内，尽情体验西藏的魅力。从出发前的准备到旅行中的每个细节，我们的团队都会为您提供最周到的服务，让您的西藏之行无忧无虑。让我们带您走进西藏的心脏，感受这片神圣土地的壮丽与神秘。



1. Professional Travel Team

Our team has professional guides who have lived in Tibet for a long time. They know the local history, culture and folk customs well and can lead you to discover the most authentic Tibet. Tibet's high altitude and complex geographical conditions are a challenge for travellers. Our team is equipped to deal with various emergencies to ensure your safety. We tailor-make itineraries based on your needs and interests, allowing you to fully experience the charm of Tibet within a limited time. From preparation before departure to every detail during the trip, our team will provide you with the most attentive service to make your trip to Tibet worry-free. Let us take you into the heart of Tibet and experience the magnificence and mystery of this sacred land.



为什么选择我们？
Why Choose Us?



2. 独家精心策划

每一条路线都是我们精心设计的成果，涵盖了自然景观、人文历史和宗教信仰等多方面内容。无论您是第一次踏足西藏，还是再次造访，我们都能为您提供全新的视角与体验。我们的团队在行程中对每一个细节都一丝不苟，从行程安排、交通住宿到餐饮选择，每一步都经过严格筛选和反复打磨，确保您拥有舒适且难忘的旅行体验。西藏旅行需要科学合理的时间安排，我们根据季节和天气的变化，精确规划每一天的行程，确保您在最佳的时间段到访最美的景点。



2. Exclusively Planned Itinerary

Each route is the result of our careful design, covering natural landscapes, cultural history, religious beliefs and other aspects. Whether it is your first time to Tibet or your second visit, we can provide you with a new perspective and experience. Our team is meticulous about every detail in the itinerary, from itinerary arrangements, transportation and accommodation to dining options, every step has been strictly screened and repeatedly polished to ensure that you have a comfortable and unforgettable travel experience. Tibet travel requires scientific and reasonable time arrangements. We accurately plan each day's itinerary according to the changes in seasons and weather to ensure that you visit the most beautiful attractions at the best time.

3. 宾至如归的住宿

我们精心挑选西藏最具特色的酒店，让您在世界屋脊上也能感受到家的温馨。无论是五星级的豪华酒店，还是藏式风情浓郁的精品客栈，我们为您提供的每一家住宿都经过精挑细选。无论何时何地，您都能在西藏的天地间找到属于您的宁静与舒适。我们的合作酒店不仅设施一流，更以无微不至的服务著称。无论是高海拔地区的氧气供应，还是全天候的客房服务，您都将享受最周到的照顾，让每个夜晚都如同在家般安心。我们深知位置的重要性，因此每家酒店都坐落在交通便利或风景优美的地段。无论您是在拉萨的市中心，还是在珠峰山脚下，每次推窗都能感受到西藏独特的自然魅力。为了让您更深入地体验西藏，我们的部分合作酒店特别设置了文化展示区，您可以近距离接触藏族工艺品、欣赏传统表演，甚至参与到日常的藏式生活中来。旅行不仅是风景的探索，更是心灵的栖息。我们致力于为您打造在西藏的家外之家，让您在这片辽阔的土地上，享受舒适、温暖、和无与伦比的旅行体验。



3. Home-Like Accommodations

We carefully select the most unique hotels in Tibet so that you can feel the warmth of home on the roof of the world. Whether it is a five-star luxury hotel or a boutique inn with a strong Tibetan style, every accommodation we provide you has been carefully selected. No matter when and where you are, you can find your own tranquility and comfort in Tibet.

Our partner hotels are not only famous for their first-class facilities, but also for their impeccable service. Whether it's oxygen supply or round-the-clock room service, you will enjoy the most attentive care, making every night feel like home. We understand the importance of location, so each hotel is located in a convenient or scenic location.

Whether you are in the city center of Lhasa or at the foot of Mount Everest, you can feel the unique natural charm of Tibet every time you open the window. In order to allow you to experience Tibet more deeply, some of our partner hotels have specially set up cultural display areas, where you can get up close to Tibetan handicrafts, enjoy traditional performances, and even participate in daily Tibetan life.

Travel is not only the exploration of scenery, but also the habitat of the soul. We are committed to creating a home away from home for you in Tibet, allowing you to enjoy comfort, warmth, and an unparalleled travel experience in this vast land.



4. 旅途中格外的体验

在西藏旅行，每一步都是风景，每一个瞬间都值得被记录。我们为您特别安排了航拍与旅拍服务，让您在世界屋脊上，捕捉和珍藏最难忘的旅行回忆。通过航拍，您将从全新的视角欣赏西藏的壮丽风光。从蔚蓝的纳木错湖到巍峨的珠穆朗玛峰，航拍镜头下的西藏更加雄伟壮观。让我们带您翱翔天际，捕捉这片土地的恢弘气势。旅拍服务由专业摄影师操作，捕捉您在西藏旅行中的每一个动人瞬间。无论是在布达拉宫前的笑容，还是在八廓街闲逛时的神情，我们将这些瞬间定格为永恒的记忆。我们的摄影师团队根据您的个性和喜好，设计专属的拍摄主题和风格。不论您喜欢自然风光、文化探索，还是充满故事感的旅行日记，我们都能为您打造独一无二的视觉盛宴。我们使用最先进的摄影设备，确保每一张照片都具有高清画质和艺术感染力。无论是高空俯瞰的壮阔美景，还是近距离捕捉的情感流露，最终成片都将成为您珍藏一生的回忆。让您的西藏之行变得更加难忘，带回的不仅是记忆，还有那些被精心定格的美好瞬间。无论何时回顾，都会让您再次感受到西藏的壮丽与神秘。



4. Capturing Your Experiences

Travel is not just sightseeing

When traveling in Tibet, every step is a landscape, and every moment is worth recording. We have specially arranged aerial photography and travel photography services for you, so that you can capture and cherish the most unforgettable travel memories on the roof of the world. Through aerial photography, you will appreciate the magnificent scenery of Tibet from a new perspective. From the azure Namtso Lake to the towering Mount Everest, Tibet is even more magnificent under the aerial lens. Let us take you soaring in the sky and capture the magnificent momentum of this land. The travel photography service is operated by professional photographers to capture every moving moment of your trip to Tibet. Whether it is a smile in front of the Potala Palace or an expression when strolling on the Barkhor Street, we will freeze these moments into eternal memories.



Our team of photographers will design exclusive shooting themes and styles according to your personality and preferences. Whether you like natural scenery, cultural exploration, or a travel diary full of stories, we can create a unique visual feast for you. We use the most advanced photography equipment to ensure that every photo has high-definition quality and artistic appeal. Whether it is the magnificent view from the sky or the emotional expression captured at close range, the final film will become a memory you will treasure for a lifetime. Make your trip to Tibet more unforgettable, bringing back not only memories but also those beautiful moments that have been carefully frozen. Whenever you look back, you will feel the magnificence and mystery of Tibet again.

5. 医疗服务

医生随传随到，安心畅游西藏。

西藏，这片壮丽的高原，因其独特的地理环境和高海拔，带给人们无限惊喜的同时也伴随着一定的挑战。为了让您的西藏之行更加安心无忧，我们也特别配备了24小时随传随到的医生服务，全程保障您的健康与安全。



5. Medical Service

The doctor is available on call, so you can travel in Tibet with peace of mind.

Tibet, this magnificent plateau, brings people endless surprises but also certain challenges due to its unique geographical environment and high altitude. In order to make your trip to Tibet more worry-free, we have also specially equipped a 24-hour doctor service on call to ensure your health and safety throughout the journey.



6. 舒适畅游西藏

在海拔高、空气稀薄的西藏旅行，舒适与安全是我们最为重视的要素。在旅途中，医用氧气和葡萄糖粉随车配备，让高原反应来去无踪。友情提供矿泉水及当季水果，更快的适应高原气候。让您在每一段旅途都能享受舒适的呼吸体验，轻松畅游西藏的壮丽风光。



6. Comfortable Travel

Traveling in Tibet with high altitude and thin air, comfort and safety are the elements we value most. During the journey, medical oxygen and glucose are equipped on the vehicle to make the altitude sickness come and go without a trace. Mineral water and seasonal fruits are provided as a courtesy to help you adapt to the plateau climate faster. Let you enjoy a comfortable breathing experience on every journey and easily travel the magnificent scenery of Tibet.

7. 各年龄层的体验

年轻人追求刺激，新奇，释放压力。

中年人渴望放松，体验不同文化。

老年人则更注重舒适安全的旅游。

我们不同的行程都可以满足您的需求。



7. Experiences for All Ages

A reliable insider can design a reasonable itinerary and add travel elements that are relevant to local people and things, eliminate your worries, solve troubles during the journey, and ensure the safety and smoothness of the journey. We insist on "small group" Travel with fewer people and more freedom.

Young people pursue excitement, novelty, and release stress.

Middle-aged people are eager to relax and experience different cultures.

The elderly pay more attention to comfortable and safe travel.

Our different itineraries can meet your needs.



旅行是什么？

这个问题困扰过我们，时常问自己，同很多人交谈，去尝试寻找答案的过程里，我们明白了3个道理

◆ 第一个道理

有些东西我们无法创造，只能尊重。风景是造物主的手笔，人文是时间和历史的积淀，美食与习俗源于代代传承

◆ 第二个道理

旅行不是走马看花，听背熟的讲解词，不是购买土特产，观看排练过的民俗表演。旅行应该是一场冒险，一次离开，一种生活体验，一段无法替代的记忆，它告诉我们可以做的事和应该做的事

◆ 第三个道理

最具体验价值的原味旅行。去哪里，就看它原本的样子。过滤掉人为的假特色，还原旅行地真实的面貌，遵从“当地化”。住当地口碑最好的酒店，去当地人常去的馆子，做一个靠谱的内行人，是我们对自己的最低要求

行





What is Travel?

This question has troubled us. We often ask ourselves, talk to many people, and in the process of trying to find the answer, we understand three principals...

◆ **The First Principle:**

There are some things we cannot create, only respect. Landscape is the handiwork of the Creator, humanities are the accumulation of time and history, food and customs are passed down from generation to generation.

◆ **The Second Principle:**

Traveling is not about just looking around and listening to memorized explanations. It is not about buying local products and watching rehearsed folk performances. Travel should be an adventure, a departure, a life experience, an irreplaceable memory that tells us what we can do and what we should do

◆ **The Third Principle:**

The most authentic travel with the most experiential value. Wherever you go, just look at it as it is. Filter out artificial fake features, restore the true appearance of the travel destination, and follow "localization." Stay in the hotel with the best local reputation, go to restaurants frequented by locals, and become a reliable insider are the minimum requirements we have for ourselves.



Tibet

Next Destination

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最具体验价值的原味旅行

